



The Leeds
Teaching Hospitals
NHS Trust

ppm+

Patient Wellness Childrens Assessment

USER GUIDE



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CONNECTS • TRANSFORMS • IMPROVES

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Martha's Rule at Leeds Children's Hospital

Below outlines the three components of Martha's Rule and how we are implementing them at LCH:

- All staff must have access to 24/7 rapid review from a critical care outreach team, whom they can contact if they have concerns about a patient.

Our LIONS team are contactable on the bleep 2040 and mobile number 0792091731.

- All patients, their families, carers, and advocates must also have access to the same 24/7 rapid review from a critical care outreach team.

Patients, parents, or carers are able to request a review from the LIONS team directly on the same mobile number.

- A structured approach to obtain information relating to a patient's condition directly from patient and their families.

The patient/parent or carer question is being added as an addition to our current observation scoring system (PAWS). This matches the national PEWS which will be launched within LCH in due course.

.

For more information on Martha's Rule please see the deteriorating child intranet page via the QR code:

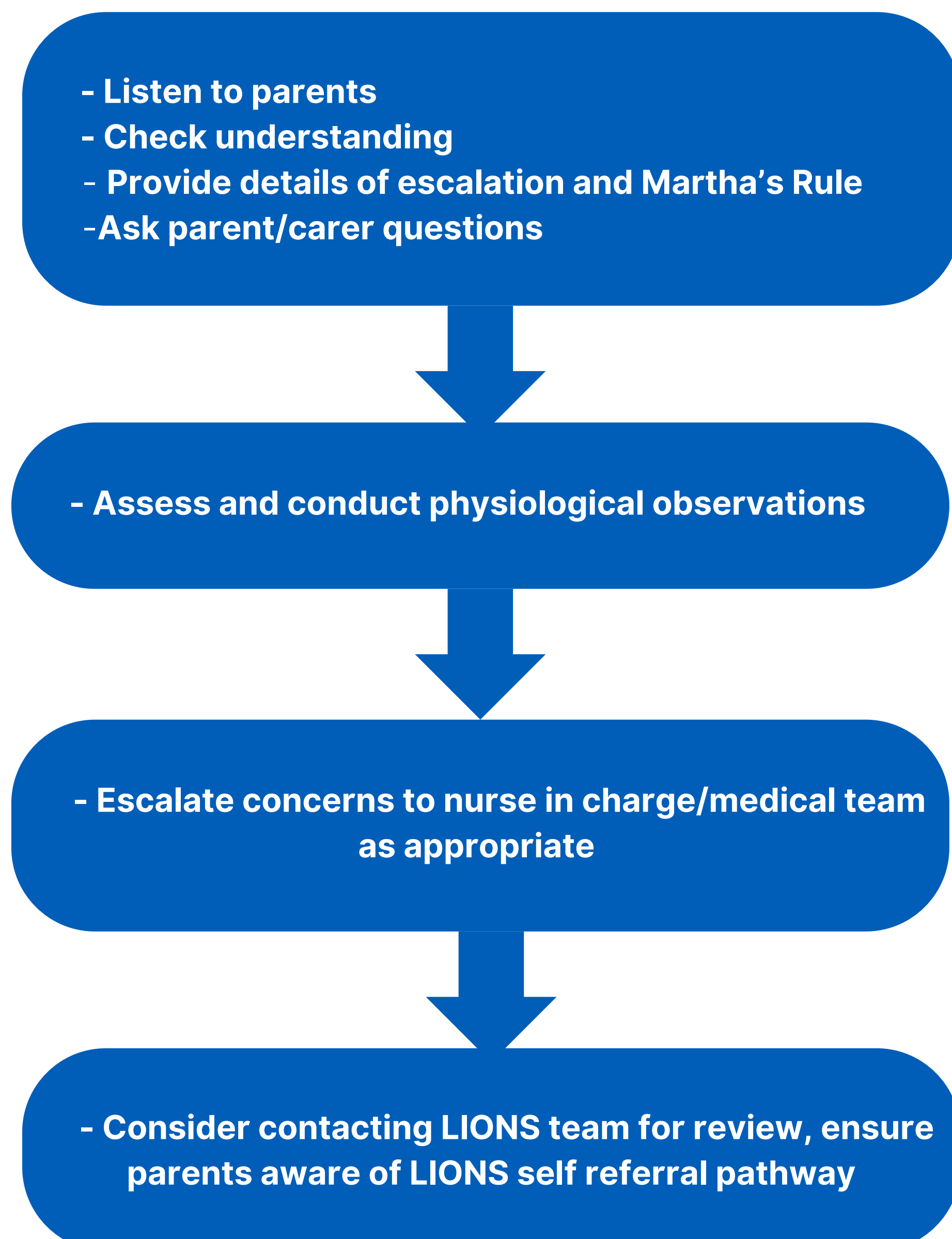


How are parent's concerns about their child managed?

On admission, you should provide parents and carers with information on **how to escalate concerns**. This includes details for the parent/carer LIONS direct referral. You should provide parents with a leaflet or ensure they have the details to view the information on our website.

During every set of observations and at the beginning/end of your shift you will ask parents/carers if they have any concerns. They may also raise concerns directly with you at other times during their child's admission.

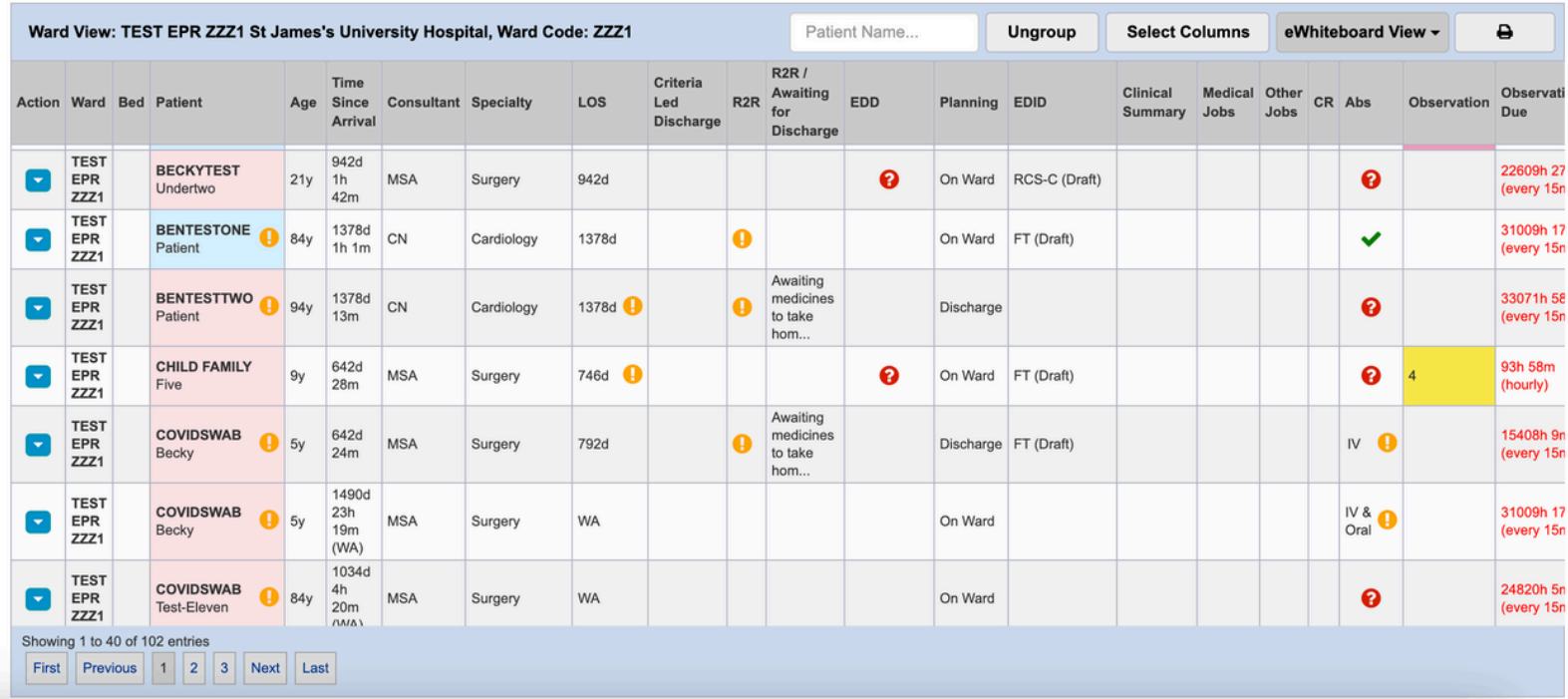
The below flowchart outlines the process:



How to open the Children's Patient Wellness Assessment

1

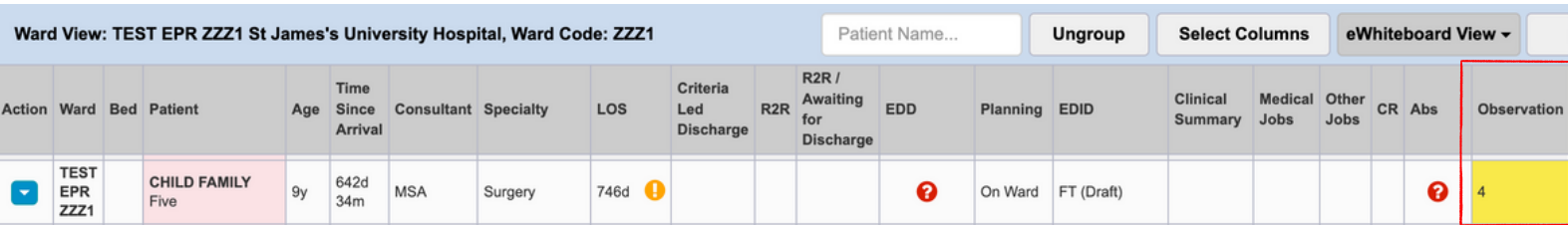
Go the **Ward view** on PPM+ by selecting the ward your patient is in.



Action	Ward	Bed	Patient	Age	Time Since Arrival	Consultant	Specialty	LOS	Criteria Led Discharge	R2R / Awaiting for Discharge	EDD	Planning	EDID	Clinical Summary	Medical Jobs	Other Jobs	CR	Abs	Observation	Observation Due
TEST EPR ZZZ1			BECKYTEST Undertwo	21y	942d 1h 42m	MSA	Surgery	942d				?	On Ward	RCS-C (Draft)				?		2200h 27 (every 15s)
TEST EPR ZZZ1			BENTESTONE Patient	84y	1378d 1h 1m	CN	Cardiology	1378d		1			On Ward	FT (Draft)				✓		3100h 17 (every 15s)
TEST EPR ZZZ1			BENTESTTWO Patient	94y	1378d 13m	CN	Cardiology	1378d	1	1	Awaiting medicines to take hom...		Discharge					?		3307h 58 (every 15s)
TEST EPR ZZZ1			CHILD FAMILY Five	9y	642d 28m	MSA	Surgery	746d	1			?	On Ward	FT (Draft)				?	4	93h 58m (hourly)
TEST EPR ZZZ1			COVIDSWAB Becky	5y	642d 24m	MSA	Surgery	792d		1	Awaiting medicines to take hom...		Discharge	FT (Draft)				IV	1	1540h 9m (every 15s)
TEST EPR ZZZ1			COVIDSWAB Becky	5y	1490d 23h 19m (WA)	MSA	Surgery	WA					On Ward					IV & Oral	1	3100h 17 (every 15s)
TEST EPR ZZZ1			COVIDSWAB Test-Eleven	84y	1034d 4h 20m (MMS)	MSA	Surgery	WA					On Ward					?		2482h 5m (every 15s)

2

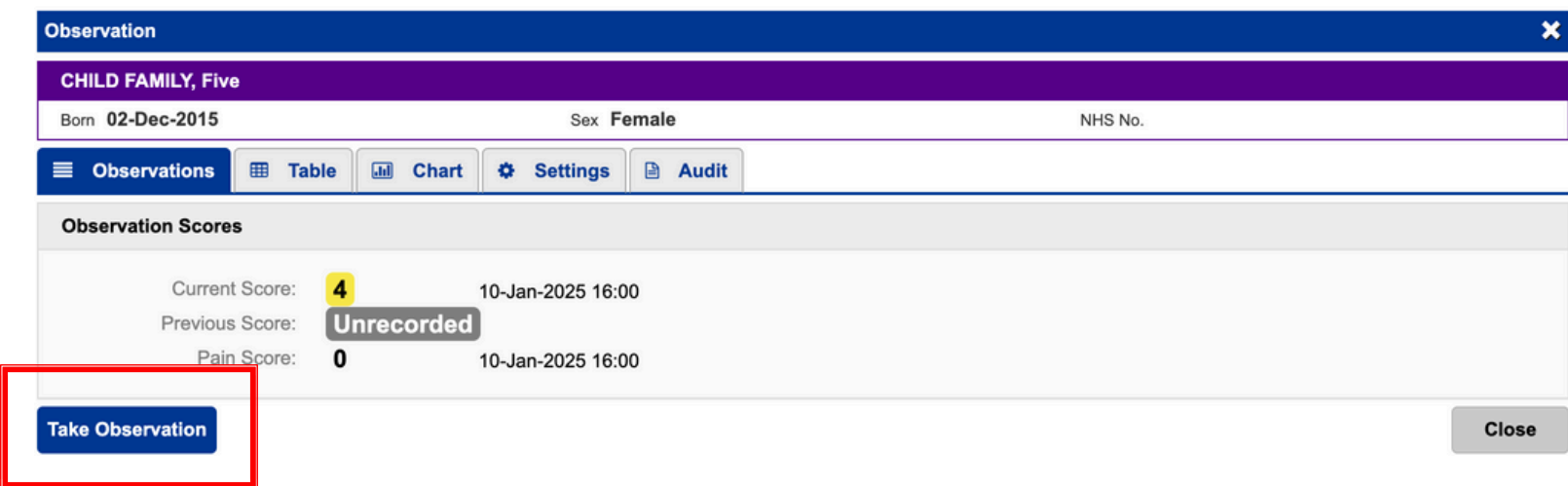
You will then need to click on the **Observation column** of your selected patient.



Action	Ward	Bed	Patient	Age	Time Since Arrival	Consultant	Specialty	LOS	Criteria Led Discharge	R2R / Awaiting for Discharge	EDD	Planning	EDID	Clinical Summary	Medical Jobs	Other Jobs	CR	Abs	Observation	Observation Due
TEST EPR ZZZ1			CHILD FAMILY Five	9y	642d 34m	MSA	Surgery	746d	1			?	On Ward	FT (Draft)				?	4	

3

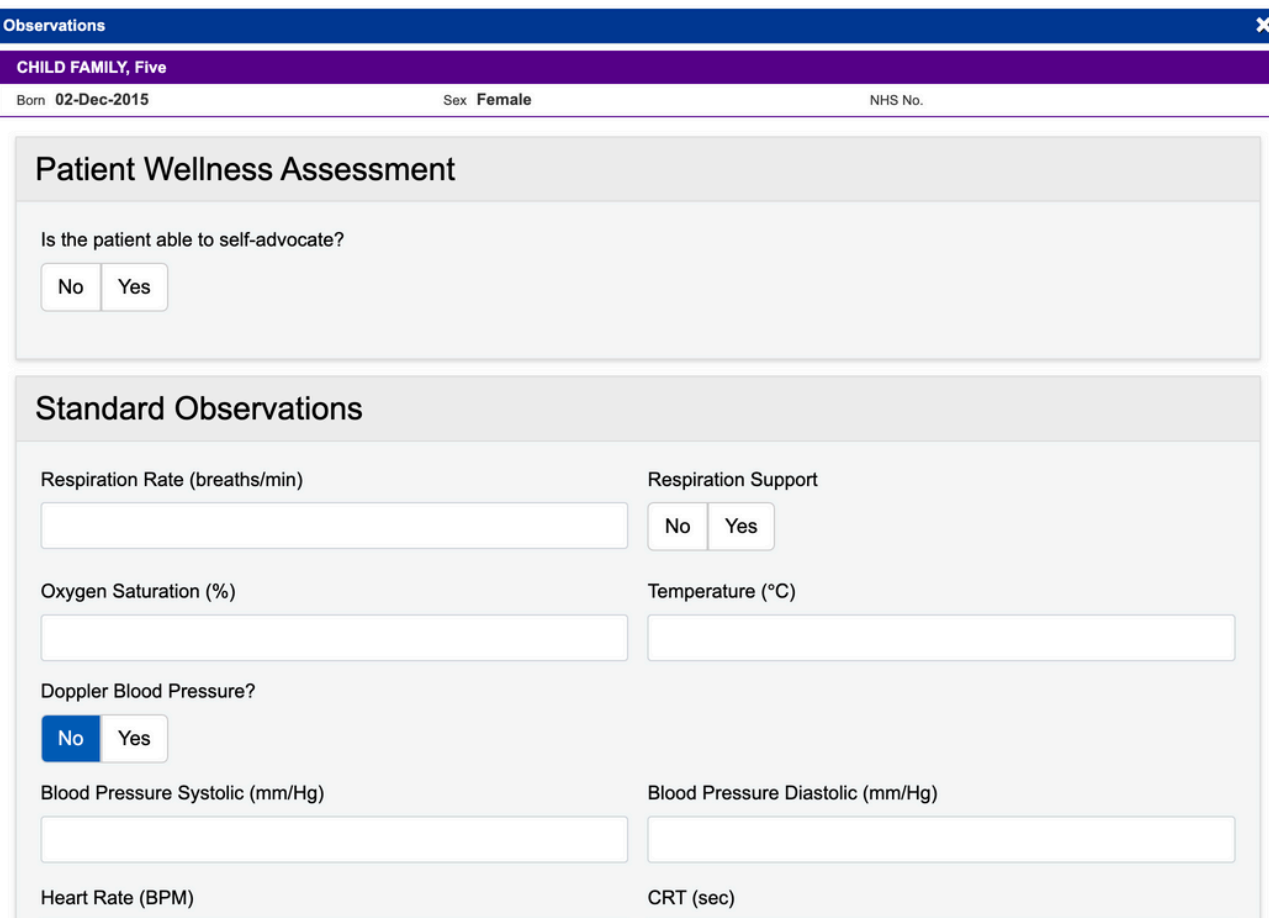
The **Observation window** will open. You will need to click on **Take Observation** to start the Patient Wellness Assessment.



Observation
CHILD FAMILY, Five
Born 02-Dec-2015 Sex Female NHS No.
Observations Table Chart Settings Audit
Observation Scores
Current Score: 4 10-Jan-2025 16:00
Previous Score: Unrecorded
Pain Score: 0 10-Jan-2025 16:00
Take Observation Close

4

The **Patient Wellness Assessment** observation form will open.



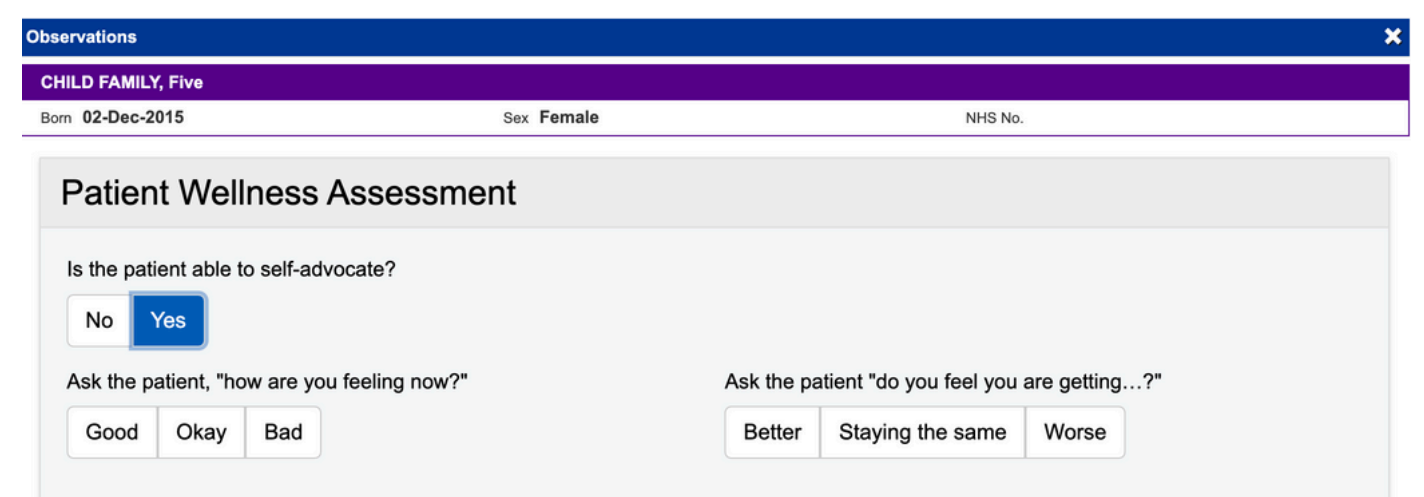
Observations
CHILD FAMILY, Five
Born 02-Dec-2015 Sex Female NHS No.
Patient Wellness Assessment
Is the patient able to self-advocate?
No Yes
Standard Observations
Respiration Rate (breaths/min) Respiration Support
Oxygen Saturation (%) Temperature (°C)
Doppler Blood Pressure?
Blood Pressure Systolic (mm/Hg) Blood Pressure Diastolic (mm/Hg)
Heart Rate (BPM) CRT (sec)



How to complete the Patient Wellness Assessment eForm if the patient is able to self advocate

1

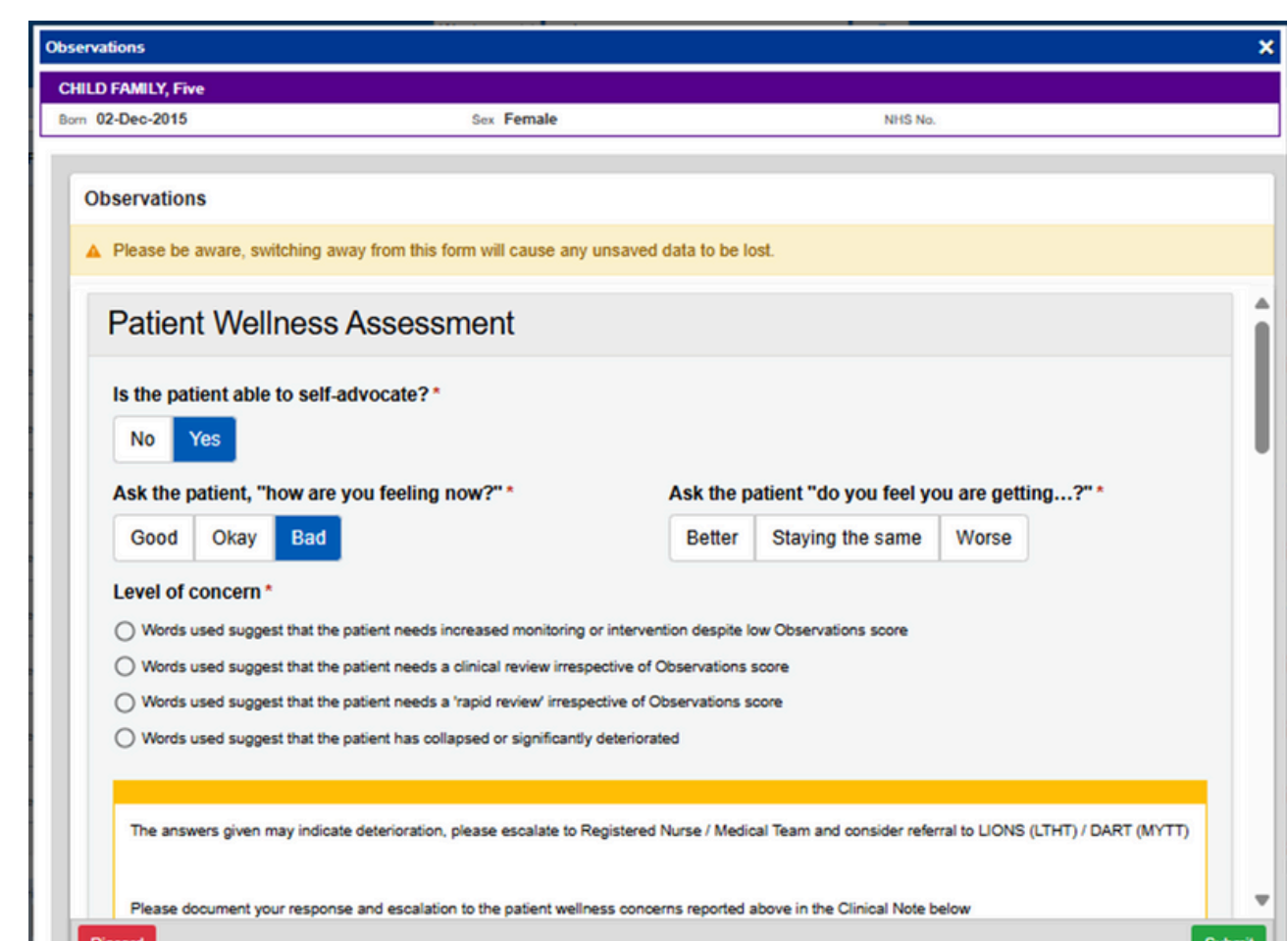
If you select **Yes** to **Is the Patient able to selfadvocate**, you will need to answer the follow questions accordingly.



The screenshot shows the 'Observations' window for 'CHILD FAMILY, Five' (Born: 02-Dec-2015, Sex: Female). The 'Patient Wellness Assessment' section contains the question 'Is the patient able to self-advocate?' with 'No' and 'Yes' buttons. Below this are two sets of questions: 'Ask the patient, "how are you feeling now?"' with 'Good', 'Okay', and 'Bad' buttons; and 'Ask the patient "do you feel you are getting...?"' with 'Better', 'Staying the same', and 'Worse' buttons.

2

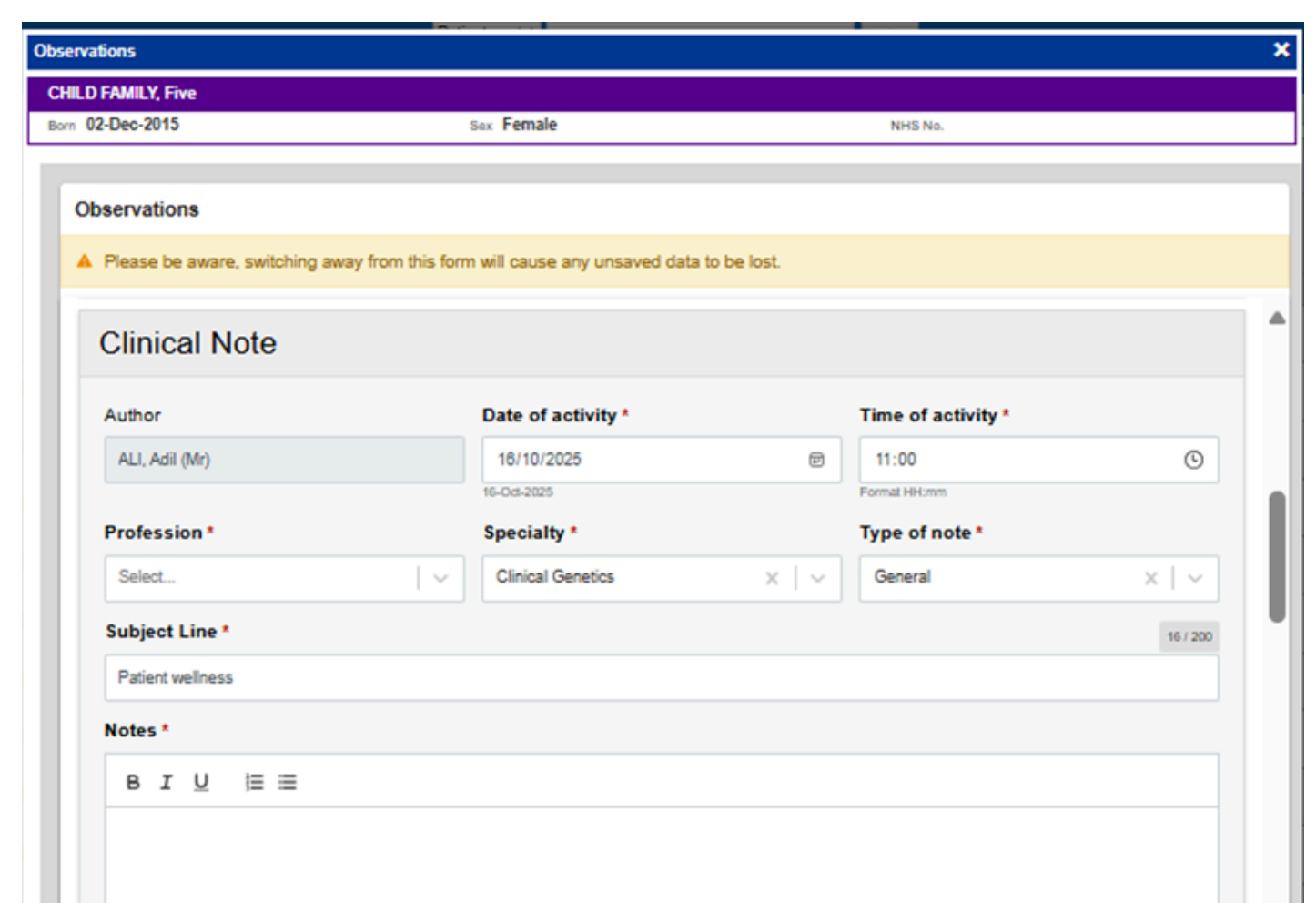
Ask the patient, **how are you feeling now?** If they answer **Bad** then you will notice an **advice label** appearing regarding the next course of action that may be required.



This screenshot shows the 'Observations' window with the 'Patient Wellness Assessment' section. The 'Is the patient able to self-advocate?' question is answered 'Yes'. The 'Ask the patient, "how are you feeling now?"' question is answered 'Bad'. Below these, the 'Level of concern' section is visible, containing four radio button options: 'Words used suggest that the patient needs increased monitoring or intervention despite low Observations score', 'Words used suggest that the patient needs a clinical review irrespective of Observations score', 'Words used suggest that the patient needs a "rapid review" irrespective of Observations score', and 'Words used suggest that the patient has collapsed or significantly deteriorated'. A yellow box contains the text: 'The answers given may indicate deterioration, please escalate to Registered Nurse / Medical Team and consider referral to LIONS (LTHT) / DART (MYTT)'. Below this, a note says 'Please document your response and escalation to the patient wellness concerns reported above in the Clinical Note below'. At the bottom are 'Discard' and 'Submit' buttons.

3

A **Clinical Note** will also be required to be completed.



The screenshot shows the 'Observations' window with the 'Clinical Note' section. It includes fields for 'Author' (ALI, Adil (Mr)), 'Date of activity' (16/10/2025), and 'Time of activity' (11:00). There are also dropdown menus for 'Profession' (Select...), 'Specialty' (Clinical Genetics), and 'Type of note' (General). A 'Subject Line' field contains 'Patient wellness'. Below this is a 'Notes' section with a rich text editor containing the text 'Patient wellness'.



4

When you have finished completing the observation, Click on **Submit**.

Observations
CHILD FAMILY, Five
Born: 02-Dec-2015
Sex: Female
NHS No.

Observations
Please be aware, switching away from this form will cause any unsaved data to be lost.

Standard Observations

Respiration Rate (breaths/min)

Respiration Support
No Yes

Oxygen Saturation (%)

Temperature (°C)

Doppler Blood Pressure?
No Yes

Blood Pressure Systolic (mm/Hg)

Blood Pressure Diastolic (mm/Hg)

Heart Rate (BPM)

CRT (sec)

Consciousness
Alert Verbal Pain Unresponsive

Pain Score
0 - None 1 - Mild Pain 2 - Moderate Pain 3 - Severe Pain Unrecorded

Please note: Pain score is NOT incorporated in the score

Additional Observations
Blood Glucose Neurological Spinal Tracheostomy

Reason For Partial Observation
Please indicate why it has not been possible to obtain a full set of observations *
Patient not in bed Patient asleep Patient refused Further obs not required Patient Wellness Assessment Only
Other

Discard Submit



Asking the parent/carer questions during observations

Parents/carers or appropriate relatives that are present at the patient bedside should be asked the following questions. These questions should be asked prior to commencing the set of observation for the patient. If appropriate you should ask the patient before also including parent/carer.

You should listen to the answers and decide which of the following categories you feel appropriate based on their answer:

- Same
- Better
- Worse

If **worse** is selected please select the option that you feel best represents the information expressed by the parent/carer:

Please ensure that you then escalate any concerns appropriately. You should also ensure that parents have the details of the LIONS phone number and remind them of this service. Please remember that concerns must be escalated and documented, regardless if you feel the patient's clinical picture does not indicate escalation.

How to complete the Patient Wellness Assessment if the patient is unable to self advocate

1

If you answer the question **Is the patient able to self-advocate?** as **No**, you will notice an additional question asking **Are family/carers/advocate able to answer questions?**



Observations

CHILD FAMILY, Five

Born 02-Dec-2015 Sex Female NHS No.

Patient Wellness Assessment

Is the patient able to self-advocate?

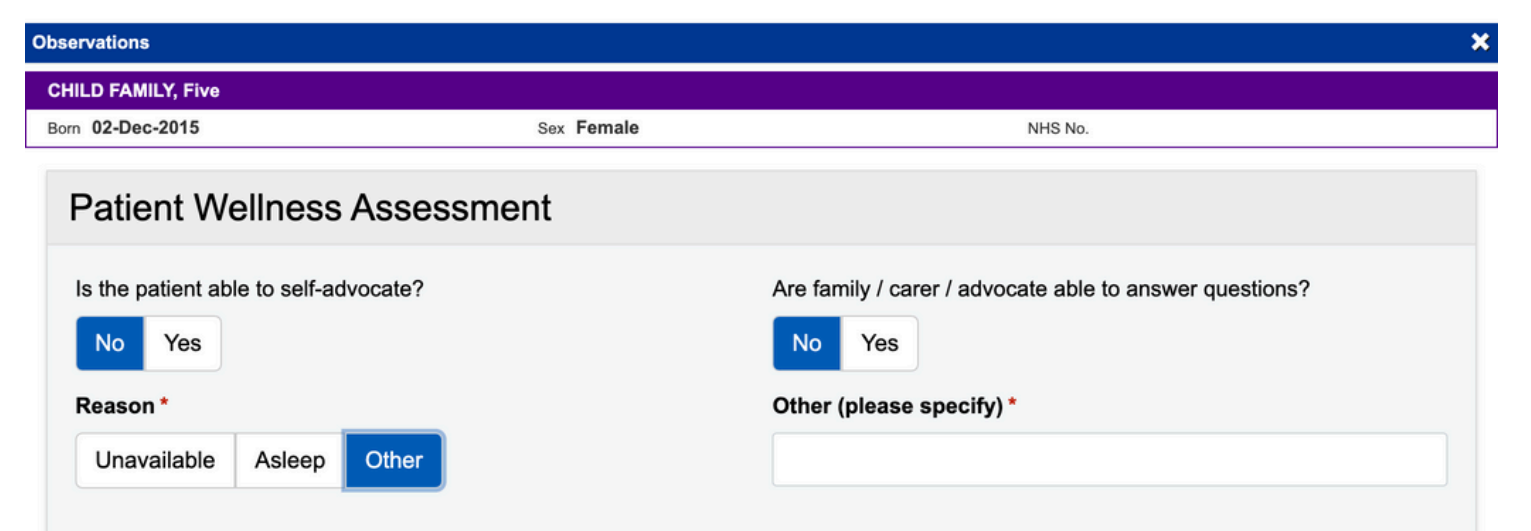
No Yes

Are family / carer / advocate able to answer questions?

No Yes

2

If you answer this question as **No**, then you will need to provide a reason. If you select **Other**, then you will need to specify a **reason** in the free text box.



Observations

CHILD FAMILY, Five

Born 02-Dec-2015 Sex Female NHS No.

Patient Wellness Assessment

Is the patient able to self-advocate?

No Yes

Are family / carer / advocate able to answer questions?

No Yes

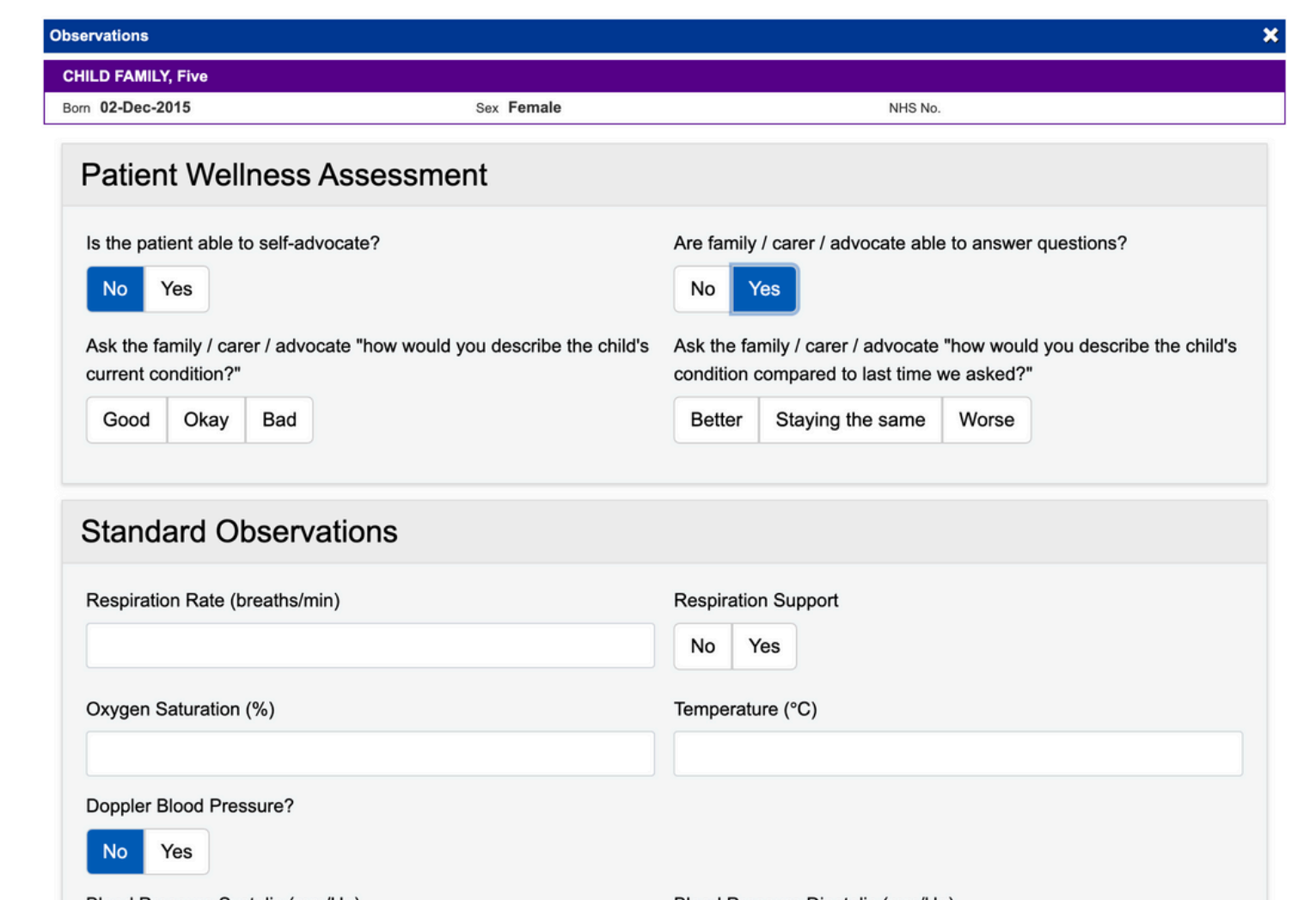
Reason *

Unavailable Asleep Other

Other (please specify) *

3

If you answer Yes to **Are family/carers/advocate able to answer questions**, then some additional questions will appear.



Observations

CHILD FAMILY, Five

Born 02-Dec-2015 Sex Female NHS No.

Patient Wellness Assessment

Is the patient able to self-advocate?

No Yes

Are family / carer / advocate able to answer questions?

No Yes

Ask the family / carer / advocate "how would you describe the child's current condition?"

Good Okay Bad

Ask the family / carer / advocate "how would you describe the child's condition compared to last time we asked?"

Better Staying the same Worse

Standard Observations

Respiration Rate (breaths/min)

Oxygen Saturation (%)

Doppler Blood Pressure?

No Yes

Respiration Support

No Yes

Temperature (°C)

Blood Pressure Systolic (mm/Hg)

Blood Pressure Diastolic (mm/Hg)



4

Ask the family/carer/advocate how would you describe the patient's current condition? If they answer **Bad** then you will notice an **additional mandatory question** regarding the **level of concern** that needs to be answered by the **family/carer/advocate** and an **advice label** for the next actions.

The screenshot shows the 'Observations' form with a yellow warning bar at the top: 'Please be aware, switching away from this form will cause any unsaved data to be lost.' Below this is the 'Patient Wellness Assessment' section. It contains two questions: 'Is the patient able to self-advocate?' with 'No' and 'Yes' buttons, and 'Are family / carer / advocate able to answer questions?' with 'No' and 'Yes' buttons. Below these are two more questions: 'Ask the family / carer / advocate, "how would you describe the child / infant's current condition?"' with 'Good', 'Okay', and 'Bad' buttons, and 'Ask the family / carer / advocate, "how would you describe the child / infant's condition compared to last time we asked?"' with 'Better', 'Staying the same', and 'Worse' buttons. A 'Level of concern' section follows with four radio button options. At the bottom, there is a yellow box with text: 'The answers given may indicate deterioration, please escalate to Registered Nurse / Medical Team and consider referral to LIONS (LTHT) / DART (MYTT)' and a line for 'Please document your response and escalation to the patient wellness concerns reported above in the Clinical Note below'.

5

A **Clinical Note** will also be required to be completed.

The screenshot shows the 'Observations' form with a yellow warning bar at the top: 'Please be aware, switching away from this form will cause any unsaved data to be lost.' Below this is the 'Clinical Note' section. It contains fields for 'Author' (ALI, Adil (Mr)), 'Date of activity' (16/10/2025), and 'Time of activity' (11:00). There are also dropdown menus for 'Profession' (Select...), 'Specialty' (Clinical Genetics), and 'Type of note' (General). A 'Subject Line' field contains 'Patient wellness'. At the bottom, there is a 'Notes' section with a text area and a toolbar with icons for bold, italic, underline, and list.



6

When you have finished completing the observation, Click on **Submit**.

Observations

CHILD FAMILY, Five
Born 02-Dec-2015 Sex Female NHS No.

Standard Observations

Respiration Rate (breaths/min) Respiration Support

Oxygen Saturation (%) Temperature (°C)

Doppler Blood Pressure?

Blood Pressure Systolic (mm/Hg) Blood Pressure Diastolic (mm/Hg)

Heart Rate (BPM) CRT (sec)

Consciousness

Pain Score

Please note: Pain score is NOT incorporated in the score

Additional Observations

Reason For Partial Observation

Please indicate why it has not been possible to obtain a full set of observations *

7

The taken observations can be viewed in the **observation Results window**.

Observation Results

CHILD FAMILY, Five
Born 02-Dec-2015 Sex Female NHS No.

Observations

Blood Glucose	High
---------------	------

Tasks



Viewing the Summary of the Observations of the Patient Wellness Assessment

1

To View the Summary In the **Single-Patient View** Select **Patient Wellness Assessment**. You can click on **Expand** to view the **Patient Wellness Assessment Summary** in full window view.

The screenshot shows the 'Patient Wellness Assessment' summary view. At the top, there are buttons for 'Expand' (highlighted with a red box) and 'Add New Document'. Below these is a 'Show All' dropdown and a 'Page 1 of 1' indicator. The main content area displays a table with columns for dates (15-Jan-2025, 18-Dec-2024) and times (15:01, 16:16). The table contains various assessment questions and their corresponding answers. For example, 'Is the patient able to self-advocate?' is answered 'Yes'. At the bottom, there is a section for 'Created By' and 'Organisation'.

2

You can view the observations in **Detail** here. You also have the option to **Withdraw** the observation here.

The screenshot shows the 'Patient Wellness Assessment' detail view. It has the same top navigation as the summary view, including 'Expand', 'Add New Document', and 'Refresh View' buttons. The table below shows the same assessment questions, but the 'Withdraw Document' button is highlighted with a red box in the row corresponding to the 15:01 observation on 15-Jan-2025.

3

You will need to provide a **Valid Reason** for Withdraw and then click **Withdraw**.

The screenshot shows a 'Withdraw' dialog box. It contains the text: 'Are you sure you want to permanently withdraw, but not delete, the following document from this patient's record?' and 'If yes, please enter a reason why this document is being withdrawn.' Below this is a text input field containing the text 'not needed'. At the bottom right, there are two buttons: 'Cancel' and 'Withdraw' (highlighted with a red box).

4

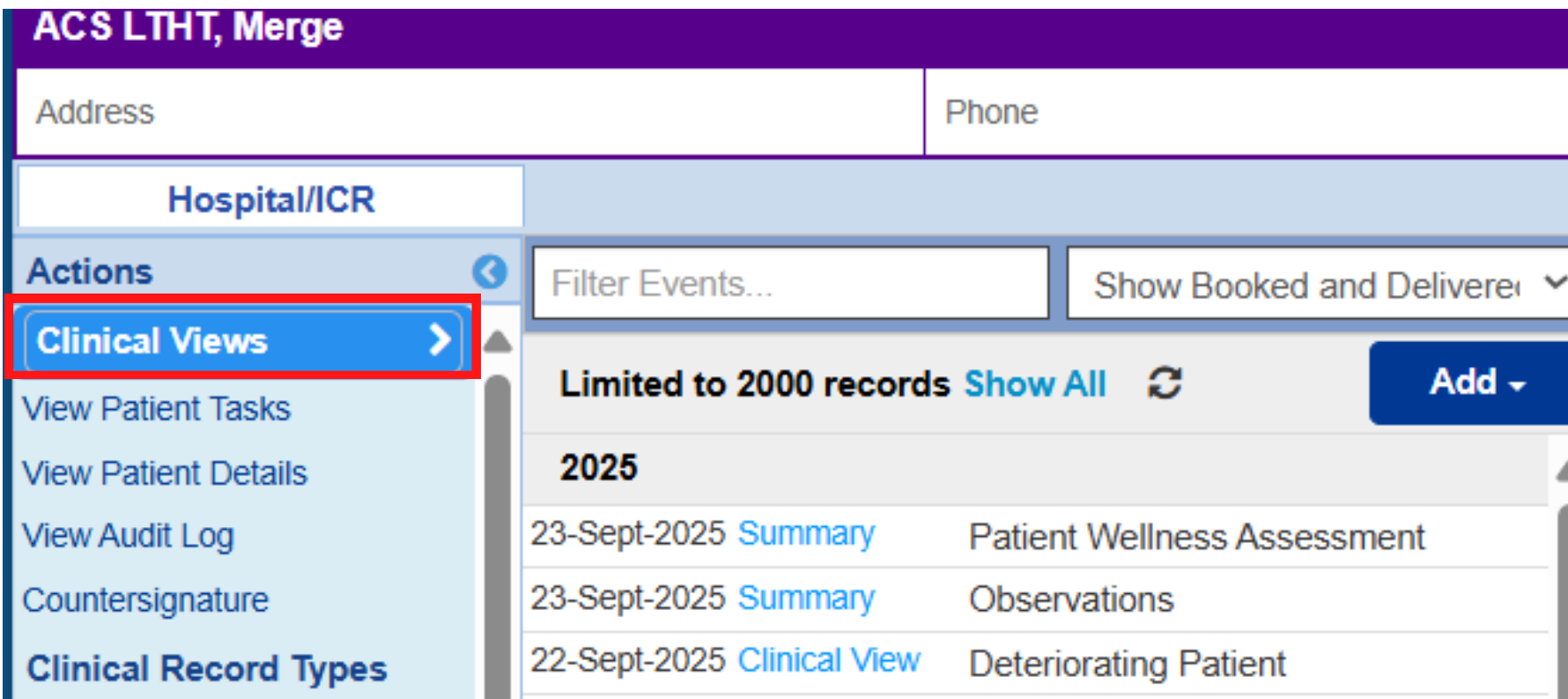
Click on the arrows on the Summary table to view previously completed Patient Wellness Assessments.

Patient Wellness Assessme...				
Expand Add New Document		Refresh View		
Show All	Page 1 of 1	17-Jan-2025	15-Jan-2025	18-Dec-2024
	13:17	15:01	16:16	
Is the patient able to self-advocate?	No	Yes		
Are family / carer / advocate able to answer questions?	No			
Reason	Other test			
How are you feeling now?		Bad		
Do you feel you are getting...?		Worse		
How would you describe the patient's current condition?				
How would you describe the patient's condition compared to last time we asked?				
Level of concern				
Created By	LONG, Hayden (Mr), LHHT	LONG, Hayden (Mr), LHHT	SYKES, Ben (Mr), LHHT	
Organisation	The Leeds Teaching Hospitals NHS Trust	The Leeds Teaching Hospitals NHS Trust	The Leeds Teaching Hospitals NHS Trust	

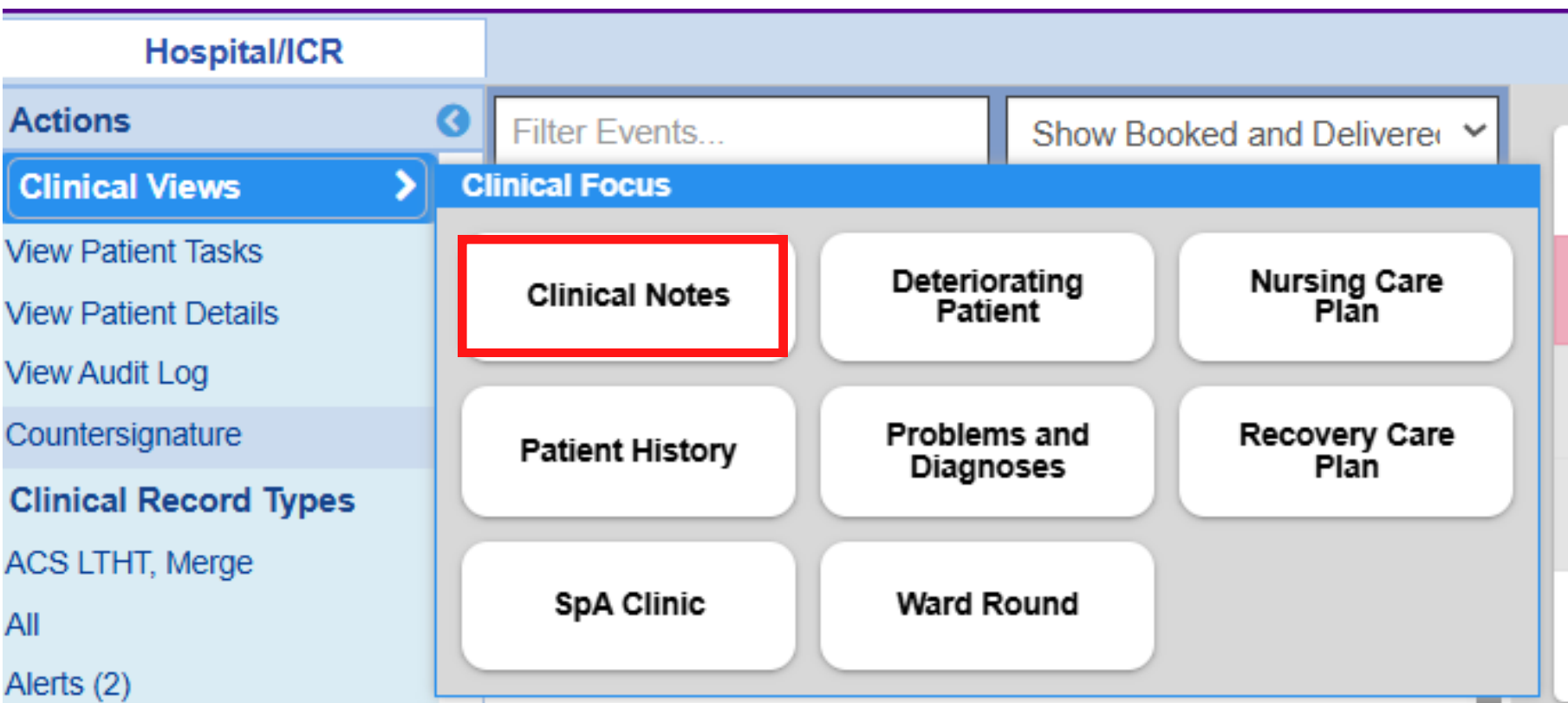


Viewing a Patient Wellness Clinical Note

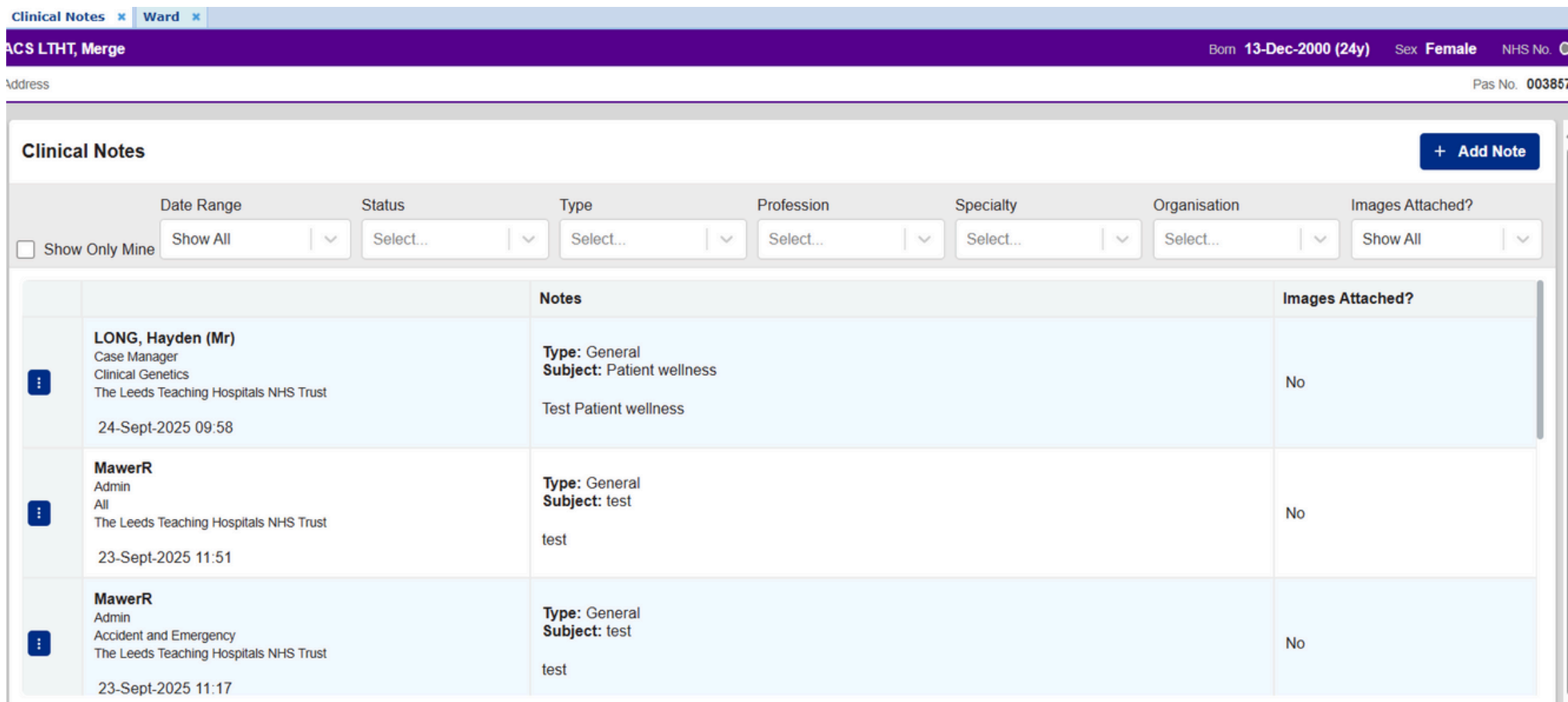
Navigate to your patient's **Single Patient View** and select **Clinical Views** in the left hand pane.



Select **Clinical Notes**.



The **Patient Wellness Assessment Clinical Note** will be listed in the **Clinical Note Dashboard**.



Staff concerns

If you are worried that a patient is deteriorating, please escalate. Clinical concern, intuition or “gut feeling” should be acted upon regardless of physiological observations – this is Martha’s Rule. Please call LIONS team for a review on bleep 2040 or 07920291731.

Use iSBAR to help with escalation

Using the iSBAR approach to structure communication ensures concerns are clear and concise.

Example statement:

I -Introduction

I am (caller name and role) calling from ward 40 about (patient name) in bed 5

S -Situation

I am concerned that their heart rate has been persistently high while they are settled and without a fever. I am concerned they could have sepsis.

B - Background

They were admitted with vomiting and have been on IV fluids overnight.

A - Assessment

They look well hydrated and I am concerned that they have an unexplained tachycardia and are at high risk of sepsis when we have used the sepsis screening tool. Their observations are...

R - Recommendation

Please can you urgently review them. Is there anything you want me to do before then?

Useful contacts

Implementation Team

Please contact the **Implementation Team** for Digital support & training on PPM+ functionalities.



leedsth-tr.ImplementationTeam@nhs.net

IT Service Desk

Please contact the **IT Service Desk** to:

- Reset your password.
- Report a problem you are having within PPM+ functionality.
- Report a data quality problem within PPM+.
- Request new user accounts for PPM+.
- Disable PPM+ accounts for any leavers from your department.



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<https://lth-dwp.onbmc.com>

Please contact the **IT Training Department** at ITTraining.LTHT@nhs.net if you require **further training on PPM+** or any other Clinical System.



PPM+ Help Site: <https://www.ppmsupport.leedsth.nhs.uk/>

